

# Design Description:

The Island Stroke Rehabilitation Center is located in the city island of Sanpu, Kanagawa Prefecture, Japan. The climate here is pleasant and the vegetation is rich, which is suitable for the rehabilitation of stroke patients. This program is mainly aimed at the rehabilitation of patents in walking period to provide a basis for their return to normal social life. The scheme is composed of three basic groups, they are all modular buildings and can extend infinitely to external spaces, providing the possibility of adding more functional spaces in the future, while also better integrating into nature. These three groups are applicable to patents in different stages of waking, and has forest recuperation, hydrotherapy, picking and other characteristic therapies. Walking facilities for patients' families and local residents are also arranged in the plan. Choosing the prefabricated type can greatly save construction time, and prefabricating the same components on-site can reduce labor costs, while also facilitating future expansion of building space.



oastal island entrance area

Forest Care area

Central Care area

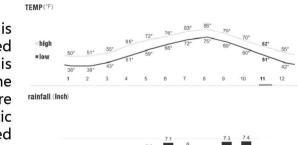
城ケ島 Park area

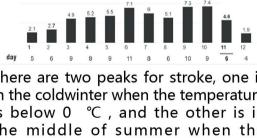






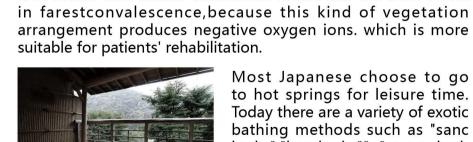
Impact on surrounding facilities



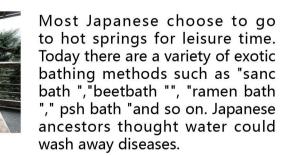


There are two peaks for stroke, one is in the coldwinter when the temperature is below 0 °C, and the other is in the middle of summer when the temperature is above 32 ℃ .According to clinical investigation, every year in July and August cerebrova scular disease attack and mortality is asmall

The minimum temperature is 3.3 °C (in Januaryand February)-30°C (in Augusty ) which meets the requirements.



Plant & Culture Analysis



It is found that mixed coniferous forest has the best effect

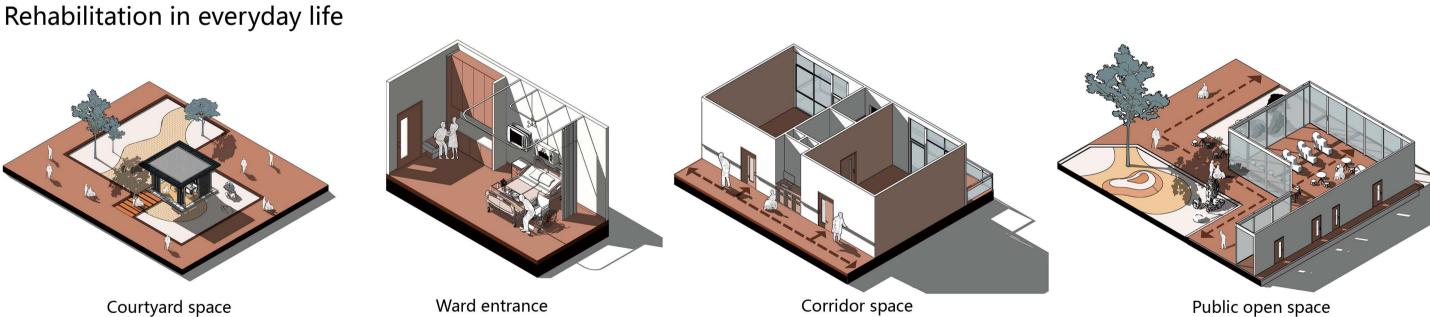






# Prefabricated modular building

The building adopts a prefabricated lightweight wooden structure, and the ward units are formed into modules, which are convenient for transportation and construction at various stroke promotion points in the city. The building material module is 1200mm\*1200mm, which is in line with the international requirements for wood assembly. Wooden roof Solid wood beam 100mm\*200mm Hot Spring Physiotherapy Cluster 50mm\*20mm Floor to ceiling window Step Rehabilitation Training Cluster OSB board Dense Forest Regimen Cluster Double ward units Modular paved floor Malleable modular space Pile foundation Sliding door Single ward units Public activity space Supporting service space

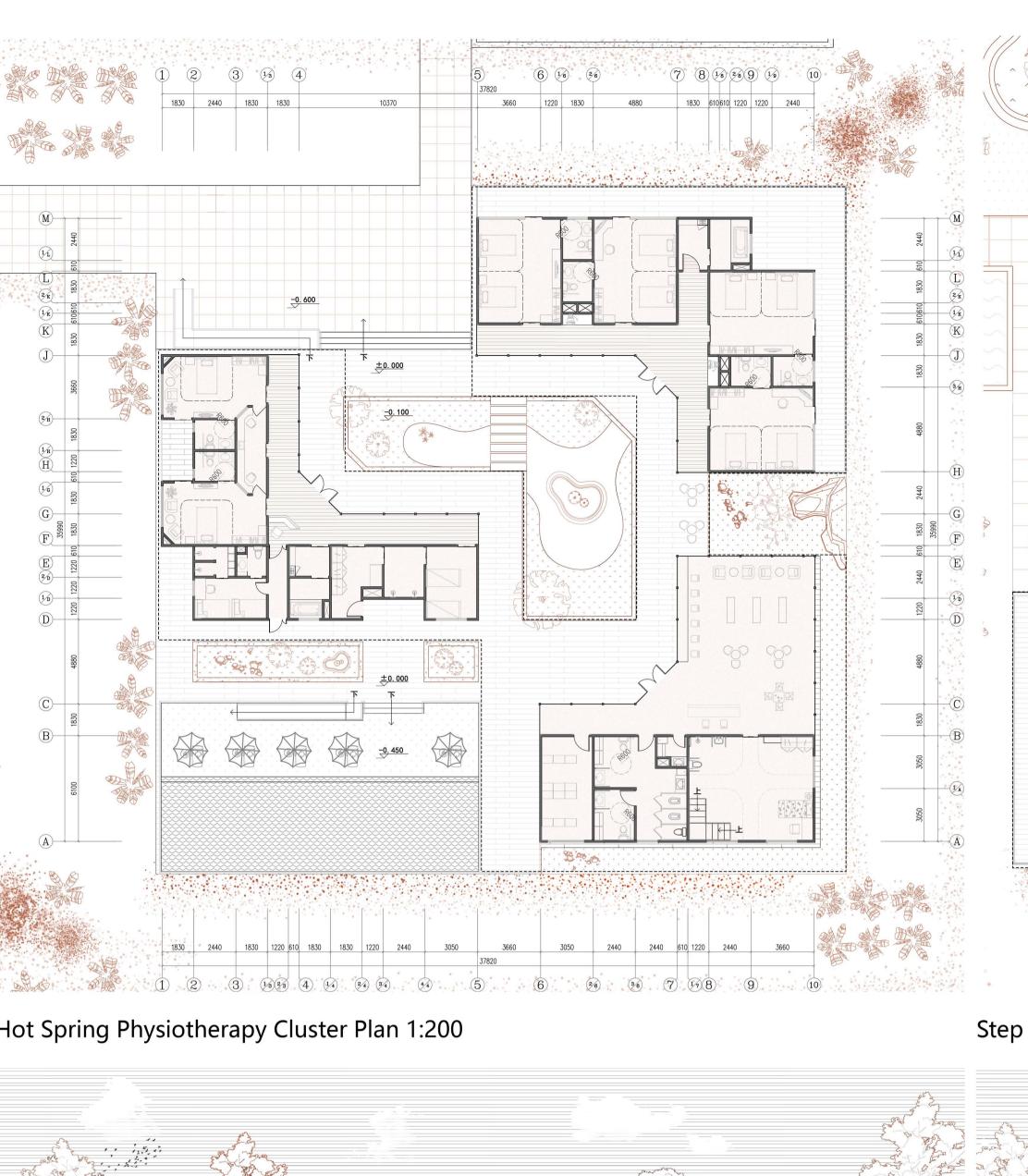


### Forest restoration

Forest recuperation is a type of landscape that has emerged in Japan in recent years with the goal of rehabilitating health care functions. The site has good forest landscape conditions, and a series of forest recuperation activities such as forest yoga, forest cleaning, touch handicrafts, etc. for stroke patients can help patients increase the absorption of negative oxygen ions and restore social life as soon as possible.







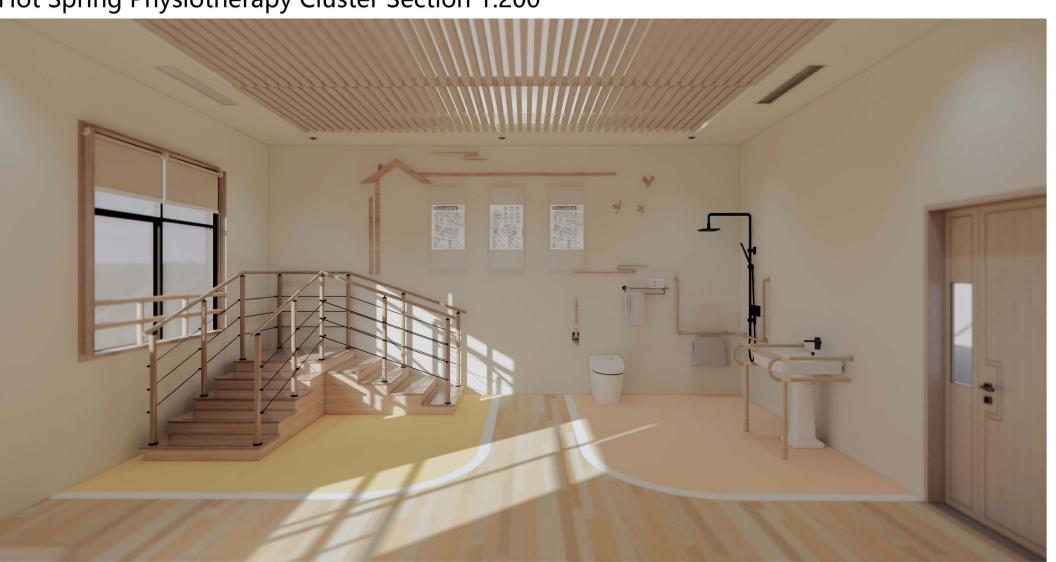
Hot Spring Physiotherapy Cluster Plan 1:200

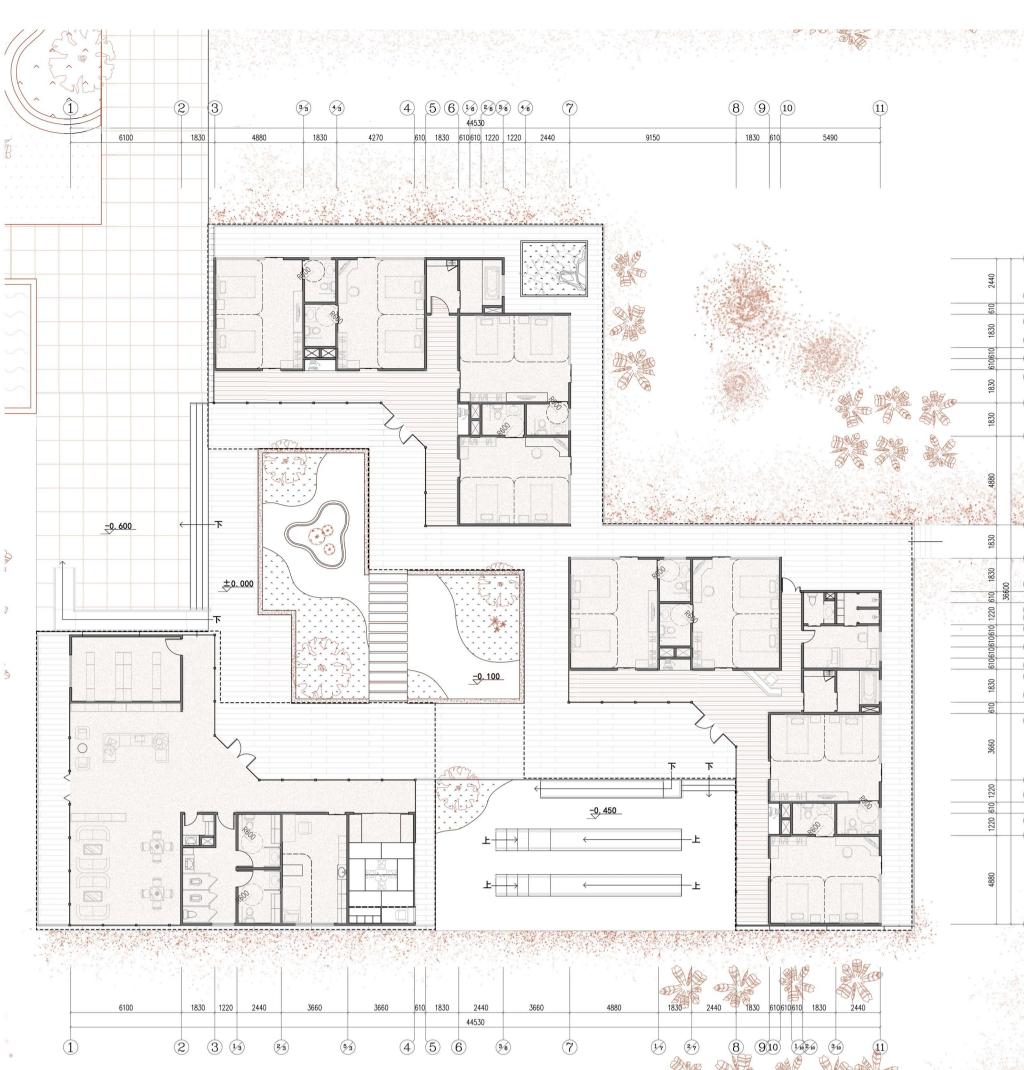


Hot Spring Physiotherapy Cluster Elevation 1:200



Hot Spring Physiotherapy Cluster Section 1:200





Step Rehabilitation Training Cluster Plan 1:200

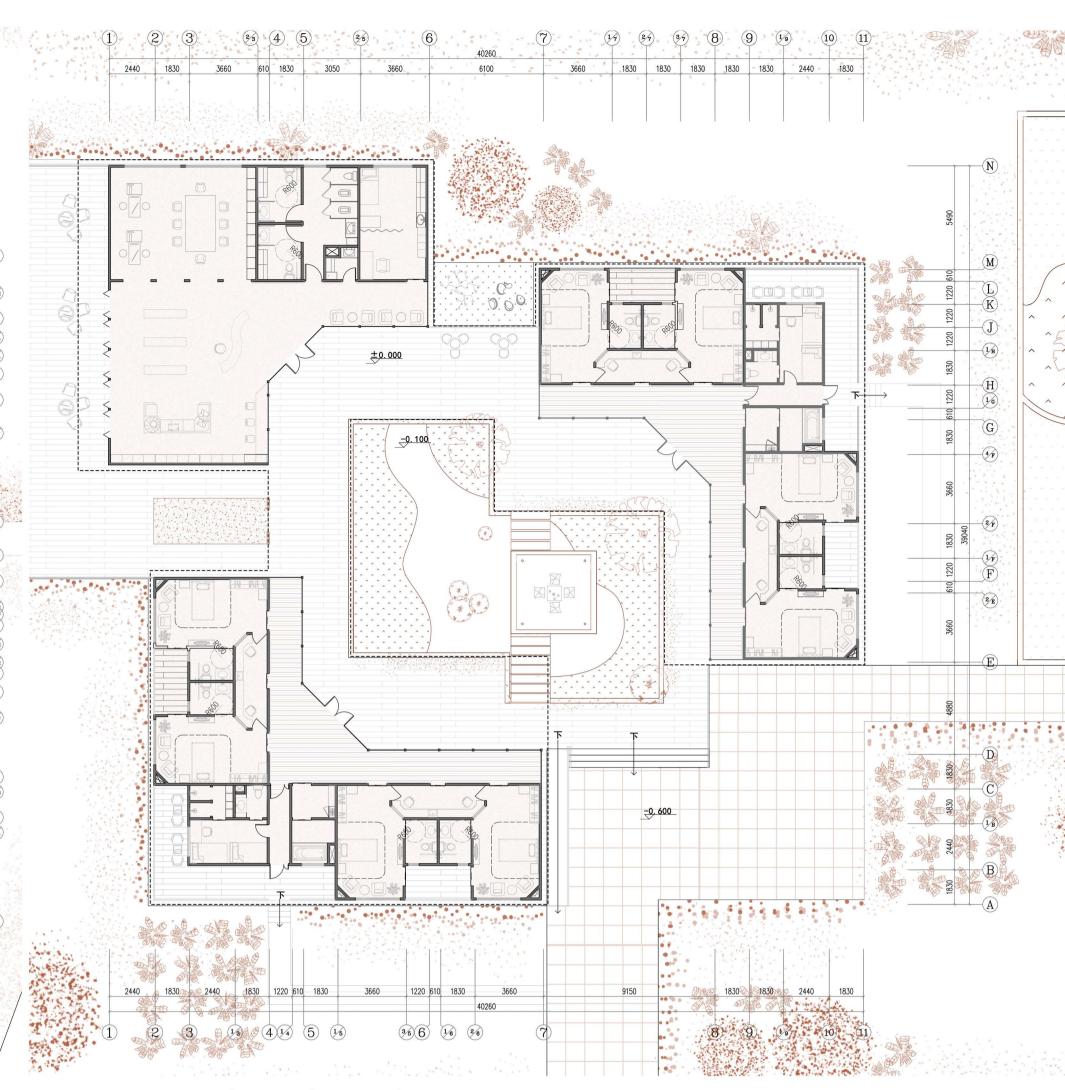


Step Rehabilitation Training Cluster Elevation 1:200

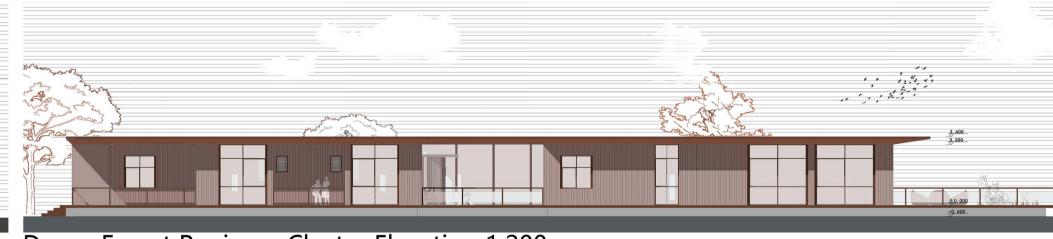


Step Rehabilitation Training Cluster Section 1:200





Dense Forest Regimen Cluster Plan 1:200

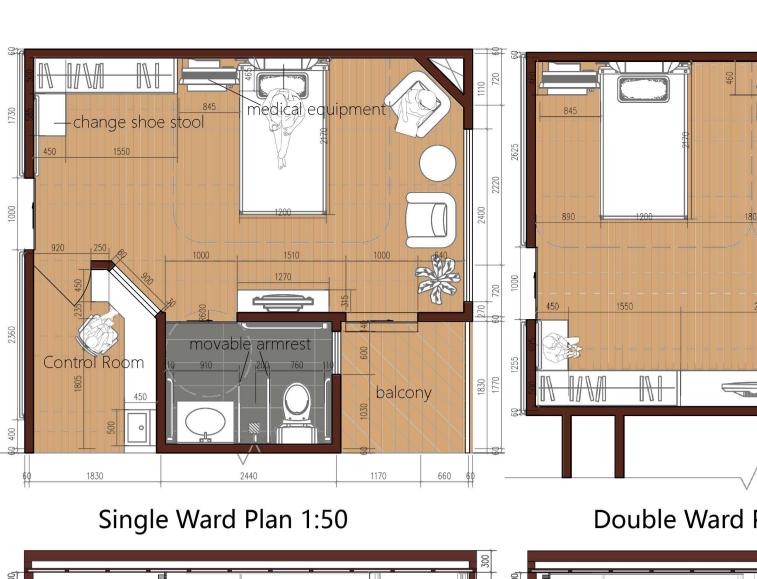


Dense Forest Regimen Cluster Elevation 1:200



Dense Forest Regimen Cluster Section 1:200





Double Ward Plan 1:50

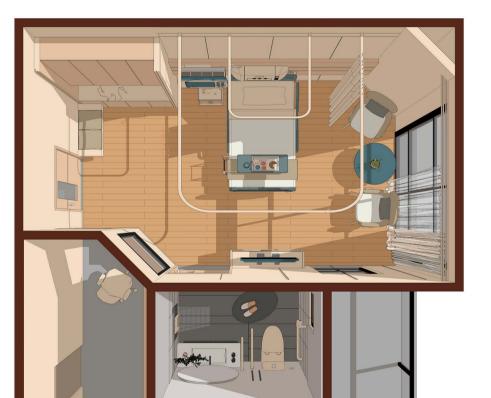


Rehabilitation Training Room Plan 1:50

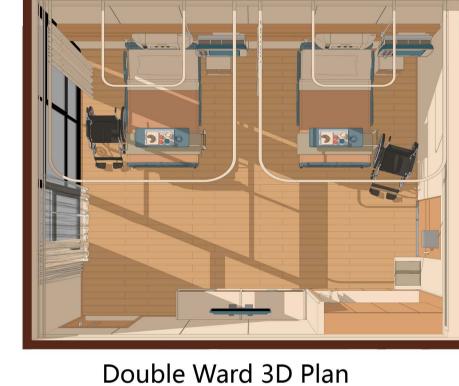


Single Ward Section 1:50

Rehabilitation Training Room Section 1:50 Double Ward Section 1:50



Single Ward 3D Plan



Methods



Rehabilitation Training Room 3D Plan

**NOVELL Information** Prefabricated

1. Promote the serialization and generalization 1. The construction speed is fast, which can The building is divided into several space modules, and all the equipment, pipelines, decoration, and fixed furniture in the module have been completed, and the building is assembled on site.

1. Fromote the senalization and generalization ge modular building During the construction process, Chinese 1.physical environment:Integration with medical workers, patients who have used the stroke rehabilitation center, patients' 2.Clinical practice and efficiency:Stroke unit is families, visiting personnel, nursing unnecessary workers, etc. participated in the design to help users improve the traditional space space

20 minute life circle

Make sure that people can get everything they need within a 20 minute radius by walking, cycling or taking public 2. Implant the center physical examination

function in the existing medical buildings.

connecting pipelines. 1.Set up re employment sites in communities to help patients integrate into society.

2.No central nurse station is set up, and it is set up separately in each group.

3.Create enclosed courtyards to facilitate

Achievements

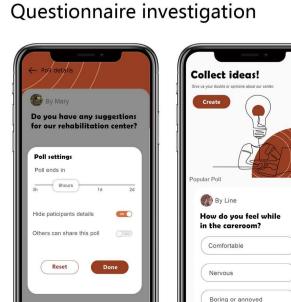
patient contact with outdoor spaces. 5. Our senses connect our brain

"Medical treatment, health care, prevention and rehabilitation" compound community

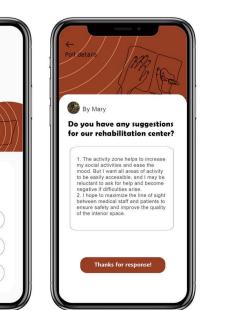
# 3. We can measure the brain's response to the environment. 4. Our brains change according to our emotions.

Speech therapy





Mobile interface demonstration



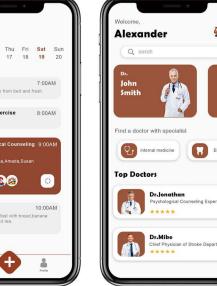
Concept

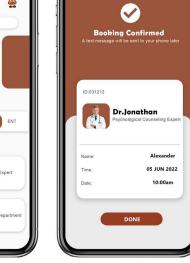


Treatment appointment









Principles of neuroscience

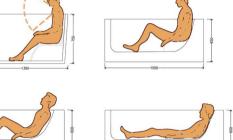
to our environment.



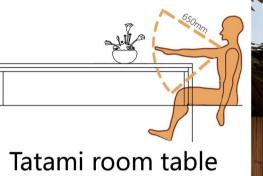


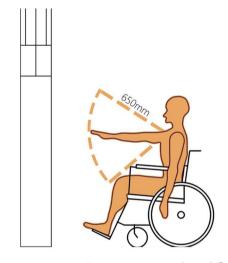
Sunbathe

Shower



Bathtub

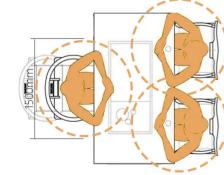


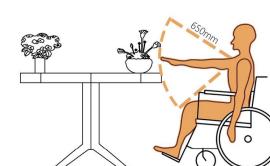


Tatami room shelf



Tatami room handrail





Handicrafting